



Baylor Scott & White
Health Plan

ACA Preventive Care Medications

\$0 cost share medications and products

Effective January 1, 2025

Under the health reform law (Affordable Care Act), benefit plans must cover certain preventive care medications at 100% – without charging a copay, coinsurance or deductible.

These products include:

- U.S. Preventive Services Task Force A & B Recommendation medications
- Food and Drug Administration (FDA)-approved prescription and over-the-counter (OTC) birth control (contraceptives).
- Flu shot and other vaccines
- In support of this law, Baylor Scott & White Health Plan (BSWHP) covers no-cost preventive care medications.

You can use your BSWHP member ID card to get the products on this list for no cost if they are:

- Prescribed by a health care professional
- Age- and condition-appropriate
- Filled at a network pharmacy



U.S. Preventive Services Task Force A & B Recommendation Medications and Supplements⁴

A prescription is required to get the following medications and supplements at no cost based on U.S Preventive Services Task Force A& B recommendations. A prescription is required even for drugs that are available over-the-counter (OTC). Please refer to your formulary for drugs specifically available at no cost share. Please note drug coverage may change throughout the year.

Aspirin	To prevent preeclampsia during pregnancy. Available for ages up to 55 years.
Folic Acid	400 & 800 mcg to prevent birth defects.
Bowel Preparation for Colonoscopy	Needed for preventive colon cancer screening. Available for ages 45 - 75 years.
Fluoride chew tablets, drop (not toothpaste, rinses)	To prevent dental cavities if water source is deficient in fluoride. Available for children up to 5 years.
Tobacco Cessations Medications	Including OTC and prescription, are available to help quit smoking or using tobacco products. To qualify, you need to: <ul style="list-style-type: none">■ Be age 18 or older■ Get a prescription for these products from your doctor, even if the products are sold OTC■ Fill the prescription at a network pharmacy
Human Immunodeficiency Virus (HIV) Preventive Medications	Are available for members who are at a higher risk of becoming infected with HIV but are not yet infected, these preventive medications are available at \$0 cost share.
Breast Cancer Preventive Medications	Are available at \$0 cost share for members at higher risk for breast cancer, but have not had breast cancer. To qualify, a member must meet the following: <ul style="list-style-type: none">■ Be age 35 or older■ Request is for the primary prevention of breast cancer■ Obtain copay waiver Most plans cover these medications at normal cost share for the treatment of breast cancer, to prevent breast cancer recurrence and for other indications. Your doctor must submit a copay waiver review form to request \$0 cost share for primary prevention, if you meet the coverage criteria. If you qualify, you can receive these drugs at \$0 cost share.

Continued next page.



Statin Preventive Medications	<p>Are available at \$0 cost share for adults without a history of cardiovascular disease (CVD) –symptomatic coronary artery disease or stroke – use a statin for the primary prevention of CVD events in individuals who meet the following criteria:</p> <ul style="list-style-type: none">■ Are age 40-75, and■ Have one or more cardiovascular risk factors (high cholesterol, diabetes, hypertension, or smoking), and■ Have an estimated 10-year risk of a cardiovascular event of 10% or greater.
Flu Shot and Immunizations	<p>That are recommended for routine use by the Advisory Committee on Immunization Practices (ACIP), a federal committee comprised of immunization experts that is convened by the Centers for Disease Control and Prevention are available at \$0 cost share. Of note, some vaccines may be covered by your medical benefit and not your pharmacy benefit.</p> <p>Many vaccines can be obtained on a walk-in basis by presenting the BSWHP member ID card at the time of service. Members should review their benefit plan to determine coverage for vaccines.</p> <p>Routine vaccines include:</p> <ul style="list-style-type: none">■ Flu shots■ COVID-19■ Dengue■ Hepatitis A■ Hepatitis B■ Hepatitis A/Hepatitis B■ Human Papilloma Virus (HPV)–Vaccine prevents HPV related cancers*■ Measles, Mumps, Rubella■ Meningococcal■ Pneumococcal■ Poliovirus■ Respiratory Syncytial Virus (RSV) – for RSV prevention*■ Tdap■ Td■ Varicella■ Zoster <p>* Age limit applies. Please see formulary for applicable age limit</p>
Women’s Health – Birth Control Products	<p>Are available for members at \$0 cost share. A copay waiver request form can be submitted by a member’s provider to request \$0 cost share if the provider determines that a particular contraceptive is medically necessary and it is not identified on the formulary as ACA preventive.</p> <ul style="list-style-type: none">■ Birth control caps and diaphragms (Cervical)■ Combination birth control pills■ Progestin only birth control pills■ Birth control rings (vaginal)■ Birth control patches (transdermal)■ Birth control shots (injection)■ Emergency birth control■ OTC birth control (must have a prescription and get them from network pharmacy for BSWHP to cover the costs)■ Birth control intrauterine devices (IUDs) and implants - available through your medical benefit and not your pharmacy benefit



Frequently asked questions

Preventive Care Medications Coverage

What Preventive Care Medications are available at no cost?

Use this document and your formulary at [BSWHealthPlan.com/Pharmacy](https://www.bswhealthplan.com/Pharmacy), or call the number on your BSWHP member ID card for a list of medications covered at \$0 cost share.

Please note, in order to get coverage at no cost for preventive care medications and products (including over-the-counter) you will need a prescription from your doctor.

What happens if a generic medication becomes available?

Prescription brand products may be replaced by newly launched FDA approved generic equivalents.

Will this drug list change?

Drug lists can and do change, so it's always good to check. You can find the most updated information by:

- Visiting [BSWHealthPlan.com/Pharmacy](https://www.bswhealthplan.com/Pharmacy), or
- Calling the number on your BSWHP member ID card.

Are the no cost preventive care medications available at both retail and home delivery pharmacies?

Preventive care medications are available at network retail and home delivery pharmacies.

What if the health care reform law requirements for preventive care medication coverage change?

If the law requiring plans to provide preventive care medications at no cost changes, information on how your costs may change will be available to you by:

- Visiting [BSWHealthPlan.com/Pharmacy](https://www.bswhealthplan.com/Pharmacy), or
- Calling the number on your BSWHP member ID card.

What if my doctor says I need a product or medication that is not on this Preventive Care List?

You can ask your doctor for a prescription for one of the medications identified as preventive on your formulary and that your doctor feels would work for you. For some medical reasons, your doctor may decide you need a medication that is not identified as preventive. If so, you can request the medication you need by calling the number on your BSWHP member ID card, and asking how to get coverage at no cost.

If you need a prescription that is not preventive, these medications may still be covered with a copayment or coinsurance.

If I'm at risk for breast cancer but have not had it, how can I get preventive drugs for \$0 cost share?

If you are a member age 35 or older, talk to your doctor about your risk of getting breast cancer if you have not had it. If your doctor decides this treatment is appropriate for you, your doctor may offer to prescribe risk-reducing medications, such as raloxifene or tamoxifen. Your doctor will have to submit a copay review form to request \$0 cost share for primary prevention. If you meet the coverage criteria, you can receive these drugs at \$0 cost share. Your doctor can find the copay waiver review form here:

[Pharmacy Resources for Providers | Baylor Scott & White Health Plan](#)

1. Please note this list is subject to change.
2. Always refer to your benefit plan materials to determine your coverage for medications and cost share. Some medications may not be covered under your specific benefit. Where differences are noted, the benefit plan documents will govern.
3. All branded medications are trademarks or registered trademarks of their respective owners.
4. The listed age limits are based on U.S. Preventive Services Task Force Recommendations; coverage for additional populations may also apply as required.
5. If your pharmacy benefit plan is grandfathered under the ACA, these drugs may be covered at the normal cost share.
6. Not all vaccines on this list are available at all participating pharmacies. Members should contact their participating pharmacy of choice to confirm vaccine availability.

Health Maintenance Organization (HMO) products are offered through Scott and White Health Plan dba Baylor Scott & White Health Plan, and Scott & White Care Plans dba Baylor Scott & White Care Plan. Insured PPO and EPO products are offered through Baylor Scott & White Insurance Company. Scott and White Health Plan dba Baylor Scott & White Health Plan serves as a third-party administrator for self-funded employer-sponsored plans. Baylor Scott & White Care Plan and Baylor Scott & White Insurance Company are wholly owned subsidiaries of Scott and White Health Plan. These companies are referred to collectively in this document as Baylor Scott & White Health Plan.